

DAILY PILOT

Finding a new direction

The 10th annual "Circle of Life" breakfast is set to unfold March 19 at Balboa Bay Resort on behalf of New Directions for Women, an organization dedicated to providing drug and alcohol rehabilitation to women in crisis and future generations affected by substance abuse.

The breakfast event, which will kick off at 8 a.m. in the grand ballroom, is the most important annual fundraising event of the season for New Directions.

Monies raised in part will fund scholarships for women, their children and families in need of treatment to overcome substance abuse and break the generational cycle. The program is private, exclusively female and open to women of all ages and backgrounds.

In its 41st year in Orange County, New Directions will also welcome a new executive.

Sue Bright, a former vice president of patent services and quality at Livengrin Foundation, is a 26-year veteran in the addiction and recovery field. She will lead the efforts at New Direction's sober-living home, one of only two Commission on Accreditation of Rehabilitation Facilities (CARF) in Orange County.

To learn more about the event and organization, please email gkrawczyk@newdirectionsforwomen.com.

GREER'S BLOG



NEW DIRECTIONS FOR WOMEN CIRCLE OF LIFE BREAKFAST

03.13.18

New Directions for Women is in its 41st year and celebrates its **10th Annual Circle of Life Breakfast at the Balboa Bay Resort** on Monday, March 19, 8 to 9:30 a.m. It's the organization's largest fundraising event funding scholarships for women, their children and families in need of drug and alcohol treatment.

NDFW is an exclusively female, private drug and alcohol rehab program providing addiction treatment services for women of all ages, including pregnant women, women with children, women who have relapsed, and/or had prior treatments and suffer from a co-existing disorder. NDFW sober living home is one of only two CARF accredited facilities in Orange County.

For tickets and more information, visit newdirectionsforwomen.org/events.

Balboa Bay Resort is at 1221 West Coast Highway in Newport Beach.

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ENJOY YOUR PARTY, LEAVE THE COOKING TO ALL THINGS FABULOUS

When it comes to finding a great caterer/private chef for a casual gathering to a wedding or other important event, there's [All Things Fabulous Catering](#) by chef Dani Leyva, a self-taught cook who grew up in a large Italian family. "I come from generations of strong Italian women who taught me everything from making Sunday sauce, leg of lamb slow cooked on a rotisserie, homemade bread, fresh herbed dressings and so much more," Dani said.

All Things Fabulous Catering is based in Dana Point, yet there's no limit to where she can go. Dani just flew to Washington for two weeks to cook for a family who wanted to entertain—with all vegan foods.

Everything she makes is from scratch, using the finest fresh herbs, vegetables, meats, and seafood. Whether the food is made on site or dropped off, Dani and her team focus on the best experience that will leave your guests in awe...[MORE](#)





NEWPORT PEACH WORKOUTS

[Newport Peach](#) is the newest boutique fitness venue in Orange County offering PEACHSTEP, a fresh, modern take on step aerobics combining classic step work, ballet work, mat Pilates, cardio bursts, ankle weights, hand weights and finishes with a great stretch. Set to an eclectic and energizing playlist, both novice and advanced students experience an uplifting, energizing and low impact workout that results in toned muscles, greater endurance and a better mood in a non-intimidating environment.

Other classes available include Buti Yoga, a calorie-scorching workout that combines power yoga with cardio intense tribal dance and body sculpting primal...[MORE](#)



STARS ON ICE AT HONDA CENTER

Olympic memories will be at the epicenter of the 2018 [Stars on Ice](#) tour that will feature many of the skaters who medaled for the U.S. in the 2018 Winter Olympics. The Tour will visit



NEW DIRECTIONS FOR WOMEN CIRCLE OF LIFE BREAKFAST

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[NDFW](#) is an exclusively female, private drug and alcohol rehab program providing addiction treatment services for women of all ages, including pregnant women, women with children, women who have relapsed, and/or had...[MORE](#)



TOP HEALTH, BEAUTY AND WELLNESS RESOURCE IN OC

When it comes to alternative wellness in Orange County, you need to know about the [Jannae Institute](#) in Newport Beach. For the past 30 years, Jannae Nichols has studied alternative, non-surgical solutions in health, beauty, and



APRIL 13, 2018
10:30AM - 2PM

Join us for the Alzheimer's Association's Women #ENDALZ Luncheon honoring Zov Karmaridlian and celebrating the power and influence of women.

Fashion Island
Hotel Newport
Beach

RSVP TODAY

[CLICK HERE](#)



Anaheim on Saturday, May 12 for a 7:30 p.m. performance at [Honda Center](#).

This year's *Stars on Ice* tour will put American fans front and center to experience the best of U.S. Figure Skating. Joining **Maia & Alex Shibutani** as 2018 Olympic medalists on the 2018 tour will be U.S. Olympic Team Bronze [.MORE](#)

wellness. She offers state-of-the-art modalities that can address weight reduction, skin rejuvenation and for those suffering from pain.

She offers custom treatment packages depending on what your needs are. Packages are ideal for new moms, athletes, performers, executives who want to keep on top of their game, and anyone who wants to feel better...[MORE](#)



editor, greer wylder

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DAILY PILOT

DAILY PILOT NEWS DAILY PILOT SOCIAL

Women's rehab program to hold Circle of Life Breakfast fundraiser

By DAILY PILOT STAFF MAR 13, 2018 | 5:40 PM



Costa Mesa's New Directions for Women rehabilitation program will hold its 10th annual Circle of Life Breakfast on Monday to raise funds for scholarships for women, their children and families in need of drug and alcohol treatment.

The event will run from 8 to 9:30 a.m. at the Balboa Bay Resort, 1221 W. Coast Hwy., Newport Beach. Tickets are free. Donations are at guests' discretion.

Stu News Newport

Tom Johnson's Newport Beach News and Community Forum

New Directions for Women celebrates 10th Annual Circle of Life Breakfast



[Click on photo for a larger image](#)

Submitted photo

New Directions for Women's Executive Director Sue Bright

On Monday, March 19, New Directions for Women (NCFW) is celebrating its 10th annual Circle of Life Breakfast from 8 - 9:30 a.m. in the Balboa Bay Resort Grand Ballroom, Level 1. The organization's largest fundraising event, it provides scholarship funding for women, their children and families in need of drug and alcohol treatment. Attendees are from the recovery and addiction field and philanthropic individuals who have been touched in some way by alcohol or drug addiction.

NDFW's new Executive Director Sue Bright will share her vision for the future of the 41-year-old nonprofit organization. NDFW is an exclusively female, private drug and alcohol rehab program providing addiction treatment services for women of all ages, including pregnant women, women with children, women who have relapsed, and/or had prior treatments and suffer from a co-existing disorder.

To make a donation, contact Tania Bhattacharyya at tania@newdirectionsforwomen.org, or call 949.313.1192, ext. 300.

The Balboa Bay Resort is located at 1221 W. Coast Highway, Newport Beach.

THE ORANGE COUNTY REGISTER

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New Directions for Women raises half a million dollars for scholarships



Sue Bright, New Directions for Women executive director

Courtesy New Directions for Women

By **LEE OFFENHAUER** | lee@coastmagazine.com | Orange County Register
March 26, 2018 at 10:26 am

0 COMMENTS

More than 300 Orange County community members gathered on March 19 to help raise nearly \$500,000 toward a scholarship program for women in need of drug and alcohol treatment.

The event, Circle of Life Breakfast, was hosted by New Directions for Women (NDFW), a nationally accredited drug and alcohol rehab program executively serving women, including pregnant women and mothers.

Monday, March 26, 2018



Sue Bright, New Directions for Women executive director



Karen Grundhofer; Jim Keating, New Directions for Women board member and Tania Bhattacharyya, NDFW Foundation executive director



Sandie Morgan and Ivana Shepard



The event was held at Balboa Bay Club.



Virginia Sullivan; Cam Gullo; Bonnie Gullo; Don Gordon; Jennifer Gordon and Constance Callan

At the event, NDFW introduced its new executive director, Sue Bright, a 26-year veteran of the addiction and recovery field, who shared her vision for the future of the organization. Highlights of the event included testimonies from an alumna, an alumna's husband, and from an 8-year-old daughter who stayed at NDFW while her mother was going through treatment.

The Crowd: Circle of Life fundraiser benefits New Directions for Women

By B.W. COOK MAR 29, 2018 | 12:00 PM



Underwriters Todd and Natalie Pickup, Carole Pickup, Devon Martin and Sue Bright of New Directions for Women attend the Circle of Life fundraiser for the organization. (Photo by Ann Chatillon)



A breakfast of champions unfolded last week in the ballroom of Balboa Bay Resort.

More than 300 true champions came together for an early Monday morning breakfast on behalf of New Directions for Women that was in fact so much more than just another gathering for a worthy cause. It was a love-fest.

It was a coming together of citizens, truly invested in the purpose, the power and the passion of healing, helping and transitioning women out of desperate lives overtaken by dependence on alcohol, as well as other forms of substance addiction. This event was a gathering of family.

Not one individual was in attendance that morning with any motive or purpose other than making a difference for those assisted by the programs and outreach of New Directions.

Fittingly, the event was understated. Big donors remained in the background. No honors bestowed upon the powerful, influential or well-heeled. Instead, long-time volunteers from all walks of life were introduced and brought on stage to be recognized for five or more years of service to New Directions, inducted into what they termed their "Amethyst Society."

Organizers billed the breakfast, their 10th annual such gathering, as the "Circle of Life Breakfast." Now in its 40th year in the O.C., New Directions has transformed the lives of some 6,000 women including women coming to the facility with children and pregnant women.

Thursday, March 29, 2018

More than 200 children have been born under New Directions' care while their mothers were in treatment. The outreach of New Directions has gone far beyond the boundaries of Southern California. Today it enjoys a national reputation. Patients come to its village from points far and wide for treatment and recovery.



Dan Carracino and departing executive director Rebecca Flood attend the 10th annual Circle of Life breakfast for New Directions for Women. (Photo by Ann Chatillon)



The Monday morning champions breakfast featured three inspirational life stories. Heart-wrenching, intensely personal, and baring all, a young woman stepped up to the podium and detailed her journey from alcohol abuse to drugs, to sexual abuse, financial ruin, career suicide, and estrangement from all that mattered in her life, from all whom she loved including parents, friends and a husband who left her. She said, "I didn't blame him."

One would have no clue looking at her. Her blonde hair, fresh-face looks and her eloquent speaking ability were a testament to her recent years of sobriety. Paying tribute to her parents for going into debt to cover treatment costs, she credited New Directions for transforming her life. The audience applauded generously.

Following the woman was a man wearing a starched white shirt, silk multi-colored bow tie and faded blue jeans.

He shared the story of his wife's struggle with alcoholism while trying to raise their young toddler daughter. Perhaps most amazing was his sharing the fact that his wife happened to be a licensed professional therapist — proof that the disease of alcohol takes all prisoners, regardless of pedigree.

Her struggle, and his own would end their marriage, but like the woman speaker his former wife is sober, doing well and back in practice helping her clients.

Finally, a six-year-old little girl who was a daughter of a woman who went through treatment at New Directions addressed the audience. With the poise and vocabulary of a much older child, this six-year-old detailed her experience with her mother at New Directions. It was the very definition of the word "inspiration."

"I would like to grow up and become an art teacher and return to New Directions to work with the patients," she told the rapt crowd.

At the conclusion of her talk, she said: "It would be very nice if you would consider making a donation."

That was the icing on the cake. One could hear wallets opening across the room.



Karen Grundhofer, Virginia Sullivan, Susan Hull and Roxy Storey at the Balboa Bay Resort for the Circle of Life Breakfast. (Photo by Ann Chatillon)



The glue for the morning confab came from a trio of New Directions leaders, much admired for their service to the cause. **Tania Bhattacharyya**, executive director of the foundation, was a stand-out detailing the recent progress of New Directions.

She was joined by **Sue Bright**, the newly appointed executive director coming to New Directions from her former similar position in Philadelphia, Penn.

Finally, the much-respected and long-serving **Becky Flood** soon to depart her post as executive director, capped off the breakfast event thanking the community for its dedication and years of support including their "time, talent and treasure."

Major sponsor **Carole Pickup** handled the invocation, joining her family including former husband **Dick Pickup**, son **Todd Pickup** and his wife **Natalie** and daughter **Devon Martin** and her husband **Kevin Martin**, all stewards of the Balboa Bay Resort and Club, as well as generous underwriters of the event.

New Directions Foundation Board Chair **Ann Premazon** welcomed Devon Martin and **Allison Wilder** to the stage offering a tribute to Wilder's recently departed father **James Lynwood "Lyn" Wilder, Jr.** who was one of New Directions' most avid patrons and boosters over many decades since its founding.

To learn more about the work of New Directions for Women, visit newdirectionsforwomen.org.

B.W. COOK is editor of the *Bay Window*, the official publication of the Balboa Bay Club in Newport Beach.

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